

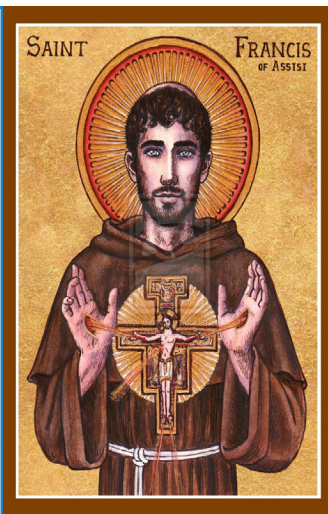


Sandal Prints

St. Clare Fraternity of the Secular Franciscan Order August 2019

Our Fraternity Vision: To be a contemporary incarnation of Christ Jesus as a vibrant fraternity in the spirit of St. Francis and St. Clare of Assisi through contemplation of the Gospel, on-going conversion and service to others.

Our Fraternity Mission: St. Clare Franciscan fraternity makes a difference every day, enhancing the lives of everyone they encounter by being the living presence of St. Francis of Assisi.



Minister's Message

by Evelyn Brush, OFS

Come and See

In September, we are trying a wild and crazy thing! St. Clare Fraternity, along with all the other fraternities in Oregon will host a "Come and See" in September. Some will be stand-alone events, other will be part of their fraternity gathering. The goal is to have a Come and See event at each fraternity so that we can invite our visitors to join us for Transitus. We want to build momentum!

Our council has discussed the pros and cons of various approaches and we decided to have it on the same day as our regular gathering. So, in September, we will be moving our start time back to 1:25pm so that the Come and See can be held prior to our gathering. We have a task force working on planning the details with Jim Burns serving as leader.

We need people to understand our role as an Order in the Church as compared to the affiliate groups that each of the three order of Franciscan Sisters have. Their affiliate groups have a steady following and they may be increasing faster than we ever will. But I live how Michael described the difference. Their affiliates gather in to be with Franciscans, to be near them. As Secular our role is to go out. We minister in the world; we live in the polity and social chaos of our society. We are always being sent out so that we can come together each month in joy. We come to fraternity gatherings so that we can be refreshed and sent out again.

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Calender

August

11 Fraternity Gathering

12:15 pm, Parish Center

Christ the King Catholic Church

11709 SE Fuller Rd., Milwaukie, OR

Profession

Juan Urias, OFS

August 19, 2007

Special Days for Franciscans

August 2: Feast of Our Lady of the Angels of the Portiuncula

August 11: Feast of St. Clare of Assisi

September 8: Come and See

October 3: is Transitus at Ascension Catholic Church in southeast Portland. We will join with San Buenaventura fraternity in what will be our last time as a single fraternity for this celebration.

October 13: Rosary Coast to Coast

Treasure's Report

by Jim Burns, OFS

Month ending June 30, 2019:

Account balances:	\$ 2661.22
General Income:	\$ 340.00
General Expenses*:	\$ - 106.45
As of July	
Account Balances:	\$ 3001.22

Contributions may be mailed to the Fraternity Treasurer at;
**St. Clare Treasurer, 14917 NE 87th St.,
Vancouver, WA 98682**

Regarding expenses necessary for the life of the fraternity and the needs of worship, of the apostolate, and of charity, all the brothers and sisters should offer a contribution according to their means."

--Rule of the Secular Franciscan Order,
Chapter 25

Refreshments

David Montgomery
Lynne Burns, OFS
Jim Burns, OFS

**Next gathering will have a
presentation
by Barbara Allen
on Jane Frances de Chantal.**

Please help us keep our mailing list current.
To change your mailing or email address,
remove your name or to receive our newsletter
electronically, contact:

Shonne N. Farrell, OFS
nardelle8491@gmail.com

August Secular Franciscan Saints and Blessed

1. St. Alphonse de Liguori, Bishop
5. B. Marie-Francoise de Jesus, Virgin, religious
9. Bl. Marie-Marguerite of the Sacred Heart, Virgin
11. Bl. Innocent XI, Pope
19. St. Jean Eudes, Priest
21. St. Jeanne-Francoise de Chantal, Virgin
30. Bl. Juvenal Ancina, Bishop

Council Members

Minister

Evelyn Brush, OFS
evelyn.parker.brush@gmail.com

Vice-Minister

Tricia Fryer, OFS

Secretary

Barbara Allen, OFS

Treasurer

Jim Burns, OFS

Formation Director

Juan Urias, OFS

Councilors

Mike Reidy, OFS
Shonne N. Farrell, OFS

Newsletter Editor

Shonne N. Farrell, OFS
nardelle8491@gmail.com

**Submission deadline for the next issue is:
August 20**

Continue from first page.

So, if you were someone who wanted to learn more about either St. Francis or the Secular Franciscan Order, what would want to happen at a Come and See? Our national fraternity has many formation resources available on their website and I am sure Jim will access them. But, think back to your first visit to a fraternity; what was it like.

For me, I couldn't wait to finally be 18 years old so I could begin the process of joining. I had to take three buses from southeast Portland to get to St. Anthony parish in Tigard, OR. At the time, that area was rural that there was a horse in a paddock across the street. It was an arduous journey to Tigard twice a month, for formation and the monthly gathering. When I headed off to college in Spokane, I transferred fraternities and continued formation, professing just two months before the new rule came into effect which would have required me to wait until I was 21 years old.

How I would love to sit around with a cup of coffee and listen to each person's story!

What type of people do you think we might attract to our Come and See? Will they be like us, mostly older white people? Will they be people seeking the radical application of the Gospel that our rule calls us to? Will they be people who already live the Franciscan joy throughout their life? What wonders we have awaiting us at our September gathering!

To help spread the word about our coordinated Come and Sees in Oregon, I will be approaching the Catholic Sentinel, which covers events in both the archdiocese of Portland and the diocese of Baker. I am hoping that the Sentinel staff will interview Francisco Gonzalez, leader of San Buenaventura, so that it can be printed in the El Centinela newspaper. For the Portland metro area, I am hoping that Francisco and I can do a radio interview on Mater Dei Radio. A radio interview will reach across the Columbia River where many of our two fraternities live.

To Light A Fire On the Earth

By Bishop Robert Barron

There are certain realities that are so basic in their goodness, beauty, and importance that they are not so much chosen as given. Beethoven's Ninth Symphony, the Swiss Alps, Dante's Divine Comedy, the French language, moral absolutes, and the saints are goods that give themselves to us in all of their complexity and compelling power. We don't choose them; they chose us. We don't make demands of them; they impose a demand upon us. We wouldn't presume to excise those sections of Beethoven that are "unpleasant," or those features of French that are too difficult, or those dimensions of morality that are hard to live up to. The Word of God, preserved in the Church, is a supreme value of this type. We shouldn't therefore speak of choosing sections of it that we like and leaving behind those that bother us. Rather we should let it, in all of its multivalence and complexity, claim us.

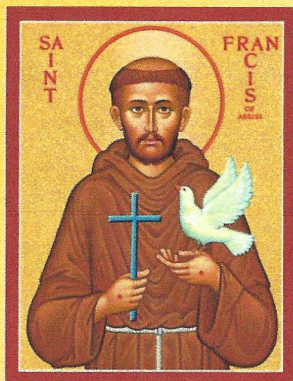
July 15th Feast Day of St. Bonaventure

Bonaventure, Franciscan, theologian, Doctor of the Church, was considered holy and learned. Because of the spirit that filled him and his writings, he was at first called the Devout Doctor. However, in later times the Church gave him another name because of the truly Franciscan spirit he possessed.

Born in the city of Bagnoregio, he was cured of a serious illness through the intercession of St. Francis. He later studied at the University of Paris. Inspired by Francis and example of the friars, especially Alexander of Hales, he entered the Franciscan Order and became a teacher of theology.

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Please join with the Secular Franciscans to
commemorate St. Francis' birth into eternal life.

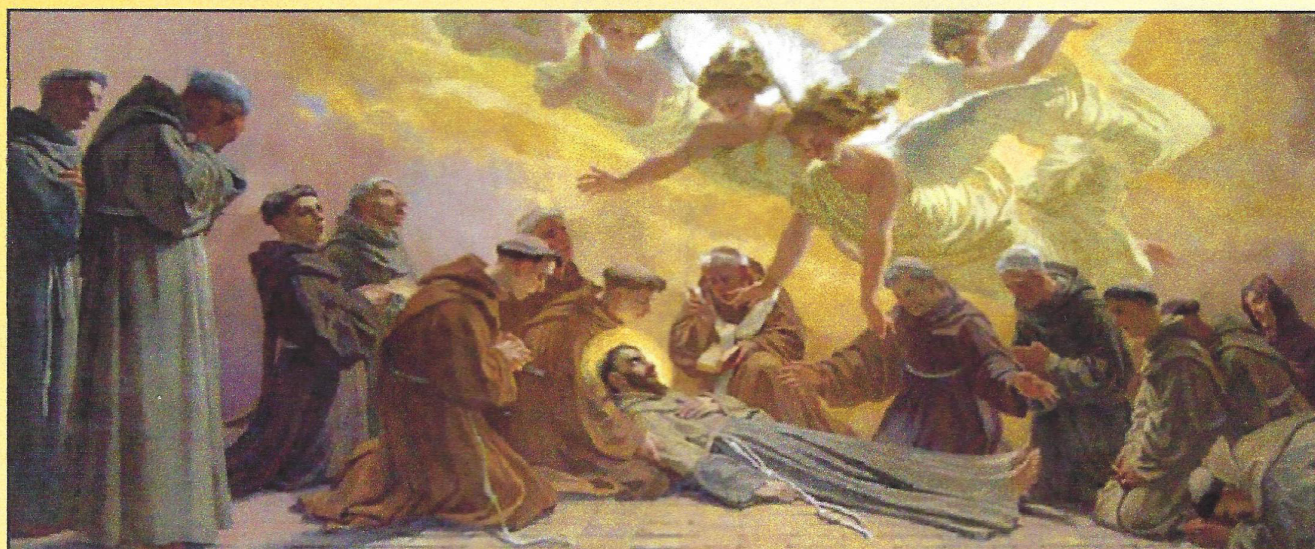


Transitus of St. Francis of Assisi*

Thursday, October 3rd at 7pm

Ascension Catholic Church

743 SE 76th Ave, Portland OR



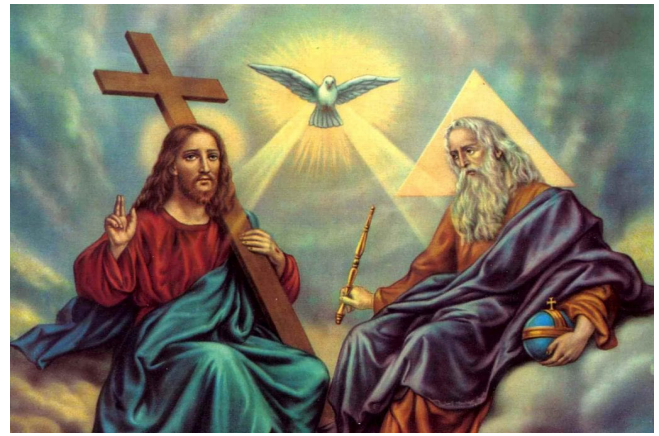
*This is a prayer vigil of his passing to heaven and bears a special name — *Transitus*.
The word is derived from the Latin meaning "crossing" or "going over."

However, in 1257, he was chosen as the 7th minister general. He was instrumental for instilling a deeper love of the way of St. Francis through his biography of Francis, which he wrote at the request of the brothers, and through works that defended the order or explained the ideals and manner of life.

Bonaventure was united in holiness and theological knowledge that he rose in mysticism while remaining an active preacher and teacher. To read him for us even today is to meet a true Franciscan. The morning of July 15th, 1274 in the middle of the Second Council of Lyons, Pope Gregory X and the Council Fathers were shocked to learn this Franciscan, 43 years of age, had died. A chronicler provided his impression of the Franciscan cardinal: "A man of learning, eloquence and holiness known for his kindness, gentleness and compassion, beloved of God and man. The Lord had granted him this grace, that whoever came to know him has drawn to a deep love of him."

If you have ever driven to Los Angeles, you most likely have driven past his Franciscan Mission named after him in the City of Ventura, California just a block off of Highway 101. It is the next mission south of the Queen of the missions called Santa Barbara.

Submitted by Tom Brannon, OFS



Argument for the Existence of God *Argument from Time and Contingency*

1. We notice around us things that come into being and go out of being. A tree, for example, grows from a tiny shoot, flowers brilliantly then withers and dies.
2. Whatever comes into being or goes out of being does not have to be; its nonbeing is a real possibility.
3. Suppose that nothing has to be; that is, that nonbeing is a real possibility for everything.
4. Then right now nothing would exist. For
5. If the universe *began* to exist, then all being must trace its origin to some past moment before which there existed--literally--nothing at all. But
6. From nothing nothing comes. So
7. The universe could not have begun.
8. But suppose the universe *never* began. Then, for the infinitely long duration of cosmic history, all being had the built-in possibility not to be. But

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Here are a number of ideas that might help you save gas:

1. Drive less (duh, thought I'd start with the obvious)

2. Combine errands.

3. Choose a lower carbon vehicle

4. Get "in tune". According to the EPA having your car properly tuned can improve gas mileage by up to 4%, properly inflating tires can help as much as 3% and using the correct oil is good for up to 2%

5. Lose weight.

Having unnecessary weight in your vehicle wastes fuel, particularly during acceleration. Losing 100 pounds will improve economy by around 2%.

6. Reduce drag. Once you get to about 30 mph) a car uses more energy to overcome wind resistance than it does fighting rolling resistance. So you want your car to be as aerodynamic as possible for highway driving. Having your sun roof open or windows down can increase drag at higher speeds. Leaving a roof box or bike rack on will have a larger effect, but estimates vary widely from a 1% to a 15% reduction in fuel economy.

Accelerating too slowly can limit fuel economy if it keeps you in lower gears for too long, where fuel economy is poor. Maintaining a constant pace avoids wasting energy on decelerating and then accelerating again. Cruise control can help.

7. Gas mileage normally peaks at a speed of 40-55 mph while using your car's top gear. It can vary significantly between cars based on the gearing, engine, weight and drag, but after 60 mph it generally declines quite significantly. Recent research by the Oak Ridge National Laboratory comparing the fuel economy of 74 vehicles at speeds of 50, 60, 70 and 80 mph shows each additional 10 mph beyond 50 mph reduces fuel economy by about 14%

Watch braking: less is more. Braking takes useful kinetic energy and turns it into waste heat. Anticipating road conditions and coasting in gear to a stop makes the most of your car's momentum, as long as it is done safely.

8. If you are waiting for someone, or stationary in traffic, for more than 30 seconds you are better turning the engine off, assuming it is safe to do so.

9. Air conditioning, at low speeds, can reduce fuel economy by more than 10% on a high setting.

10. Wheel alignment, because you won't get optimum gas mileage if the vehicle isn't rolling straight, a source of drag

11. Use the type of gas the manufacturer recommends for your vehicle.

12. Try to plan your trips to avoid congested, high-traffic areas with repeated traffic snarls and stop-and-go driving.

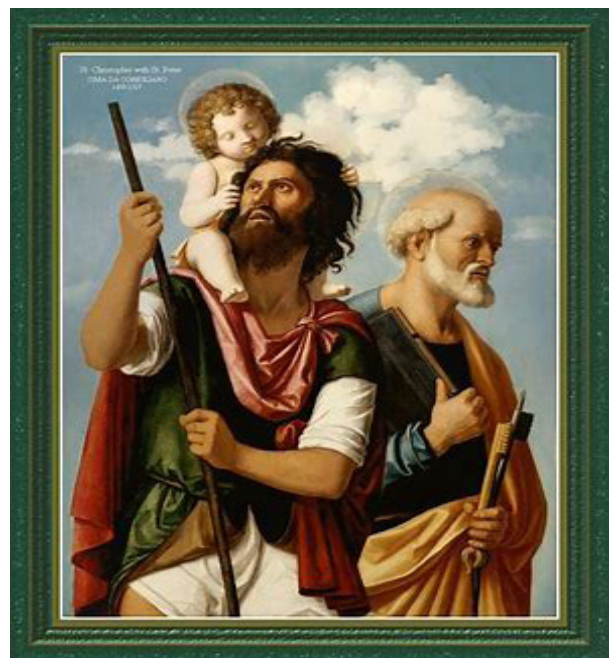
13. Carpool.

14. Ride a bike.

15. Use public transportation.

Tips came from: <https://www.liveabout.com/shrinkthatfootprint.com/fuel-gas-mileage-tips#4QoyRqAVGBpXH4KI.99>

Submitted by: Patricia Fryer OFS



Martha/ Mary Partners Franciscan Apostolate

Allen, Barbara – Dorothy Palzinski

Betzing, Mary Lou - Shirley Stevens

Brannon, Tom- Allyn Rapcinski

Brush, Evelyn- Marie Stobie

Burns, James – Mary Dugas

Burns, Lynne – Natalie Ettlin

Farrell, Shonne - Laura Wagman

Fryer, Patricia – Carlene Roeker

McCluggage Reidy, Clare – Lete Davis

Reidy, Michael – Giovanna Zanotto and Claudie Elmore

Siggins, Bruce – Jerri Wagner

Urias, Juan – Kay Haberlach

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9. If in an infinite time, that possibility was never realized, then it could not have been a real possibility at all. So

10. There must exist something that *has* to exist, that *cannot not exist*. This sort of being is called “necessary”.

11. Either this necessity belongs to the thing in itself or it is derived from another. If derived from another there must ultimately exist a being whose necessity is not derived, that is, an absolutely necessary being.

12. This absolutely necessary being is **GOD**.

Handbook of Catholic Apologetics
by Peter J. Kreeft and Ronald K. Tacelli

Submitted by: Shonne N. Farrell,OFS
(What appears to be misspelling, or grammatically incorrect is the way the text was written in the book, example [nothing nothing])



Salve Ioseph, Custos Pie

Hail, dear Spouse of Mary mild, tender Guardian of her Child,
Joseph, best of teachers, hail! For the soul by guilt oppressed. May we
all through thee be freed from the pain that is our meed for the evil we have
done.

Thou impart to us all grace, and in Heaven a blessed place; this we humbly
ask of thee. By thy prayer, when life is o’er, may we reach the Heavenly
shore, there to join angelic choirs.

May all those that are in woe, freed from sorrow, joyous go, when thou
off’rest up they prayer. Make the nations leap for joy, save the sick from all
annoy, whilst thou prayest to they Lord.

Joseph, hail, king David’s son! Help the flock by Jesus won, In the dresdful judgment day. Do thou to our Sav-
ior pray, that He cast us not away, when death’s angel doth appear. While we live, defend us here: after death,
grant us good cheer in our fatherland above. Amen

The Raccolta 1952

A Visit to the Past



"Get the hint"

Abbey Books 1957

Jesus said He would send us the Holy Spirit to teach us all things.

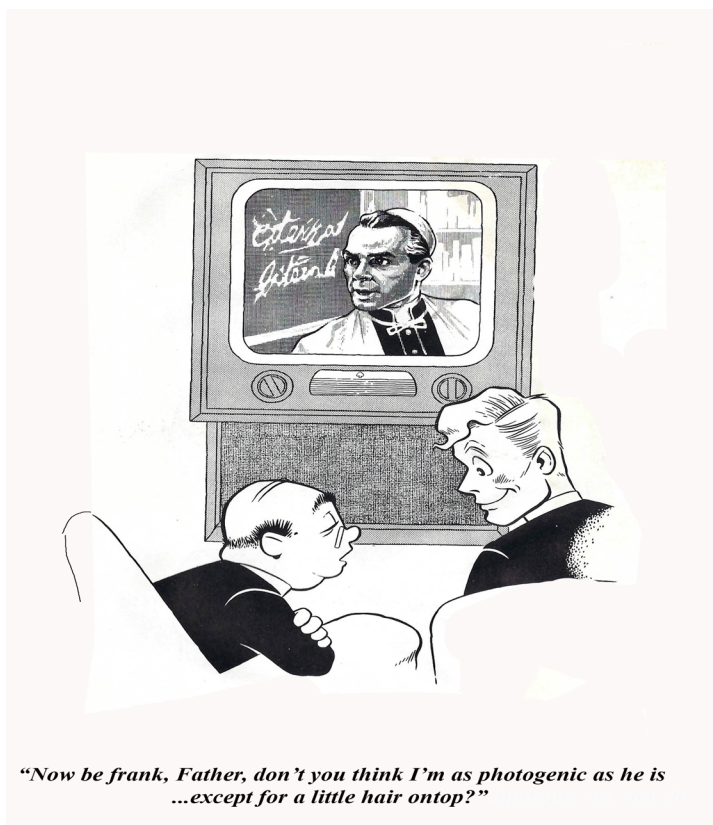
That is true. But He also sent the Apostles to teach all nations in His name. If we are going to accept one thing Jesus said, we must accept all. It is the Holy Spirit to teach us one thing, and the Church to teach us another. If we find ourselves in opposition to the Catholic Church, we can be quite sure that the Holy Spirit is not responsible for our ideas. One thing is certain. The Holy spirit could not possibly have inspired all the contradictory ideas people insist on attributing to Him.

Radio Replies, Second Volume 1940

History is not in favor of your Church by the mere fact that it records so much opposition against her.

History is in favor of the Church, though "historians" have not always appreciated her. The Church is always suspect to someone. But history records what the Church has done, and faith tells us what she will do. She will last till the end of time, ever bringing forth fruits of holiness and virtue, and contributing as no other force towards the welfare of mankind. That men are and have been opposed to her is no fault of the Church. It is the fault of the prejudices and passions of men. Again, the Church differs in her outlook from the ordinary human viewpoint. She judges from the aspect of eternity; and to men she seems always behind the times, or else ahead of the times. There is bound to be opposition, until men can rise to her level.

Radio Replies, Second Volume 1940



"Now be frank, Father, don't you think I'm as photogenic as he is ...except for a little hair ontop?"

Abbey Books 1955



St. Louis IX of France

Patron of the Secular Franciscan Order, Saint

He was not perfect however he was known for Charity, Humility, personal piety, Justice, and Concern for the poor.

King Louis was born into the royal family in 1215 AD, during the lifetime of St. Francis of Assisi. He inherited kingship at age 11 being crowned on the first Sunday of Advent, in the same year St Francis earlier transited into heaven. His mother was acting regent until he was older and in his absence. At age 19 he married Marguerite of Provence (she was 13) with the first of 11 children born after 6 years of marriage.

King Louis reached the age of majority in Kingship in 1235 AD. He practiced detachment from material goods; in private he wore simple clothes. He would receive people in his park to help them reach just solutions. He founded 15-20 hospitals. He served food every day in the palace for the destitute and would help attend to them in person. "If I sometimes spend a lot of money, I would rather it be on alms for the love of God than for my frivolities or mundane things." He visited the sick at Royaumont Abbey's infirmary when lepers were there. He built St. Chappelle (near Notre Dame) to house the Crown of Thorns.

King Louis repressed abuse of the Royal Administration and the demands of the nobility. He sought to enforce and make justice accessible for all and equal for all. As a result of an earlier near bloodless conflict with England, King Henry III later invited King Louis IX to settle a dispute with Henry's dukes.

Louis was a supporter of education with the ultimate goal to allow a person to accomplish his vocation. King Louis helped found (with papal permission) the Sorbonne (theological division of the University of Paris). He enjoyed the company of Albert the Great, Bonaventure and Thomas Aquinas.

St Louis frequented daily mass, prayed the Divine Office, weekly confession and had long periods of prayer. "Dear son, my very first teaching is to love God with all your heart and all your strength for without that no one is worth anything."

He responded to the call for the Crusades twice. The first was undertaken in 1244 accompanied by Marguerite. After withdrawing from the failed attempt on Cairo, he was captured with the rear guard at Mansoura by pursuing armies. (note: Francis was a prisoner at Perugia after engaging in battle). The Muslims could not get him to convert and earned their admiration for his courage and righteousness. He fell ill, and was released upon payment of ransom after the Sultan was killed by the emirs. He returned to France in 1254 AD. In 1270 AD he left on a second crusade (to convert the emir of Tunis like other Franciscans following Francis) however he was defeated and fell ill.

Sister Death was an ever-present reality in everyday life at that time. St. Louis was once near death in 1244 in France but recovered and wished to "take the cross". His mother Blanche died in 1254 AD, the year he returned from his first Crusade. While on the second Crusade his son Jean-Tristan died of illness in 1270 and Louis died of the same illness a few days later. He requested a crucifix to be placed at the foot of his bed to have the Lord's Passion visible.

St. Louis was Canonized in 1297 (27 years after death). His remains were laid to rest at the Basilica of St. Denis with other French Kings. During the French Revolution King Louis XVI was guillotined and St. Denis sacked, with tomb remains emptied to a mass grave. In 1817 the mass grave was opened and all bones were placed in a single ossuary with names of the monarch's recorded.

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The Little Flowers of Saint Francis

Chapter 3

About the Humility and Obedience of St. Francis and Brother Bernard.

Francis, the very devout servant of Christ Crucified, had become almost blind, so that he could see very little, as a result of his severe penances and continual crying.

One day he left the place where he was and went to a Place where Brother Bernard was staying, in order to speak about God with him. And when he came to the Place, he found that Bernard was praying in the woods, completely absorbed in holy contemplation and united with God.

Then St. Francis went into the woods and called him, saying: "Come and talk to this blind man!"

But Brother Bernard did not answer St. Francis and did not go to him because, as he was a great contemplative, his consciousness was at that moment suspended and uplifted in God.

Brother Bernard had a remarkable ability to speak about God, as St. Francis had already Experienced many times, and that was why he wanted very much to talk to him. So after a while he called him again a second and a third time, repeating the same words: "Come and talk to this blind man." But Brother Bernard did not hear him at all and so he did not answer him or go to him. Therefore St. Francis went away, feeling rather disappointed, wondering and almost complaining within himself that Brother Bernard, though called by him three times, had not wanted to come to him.

While St. Francis was thinking that way as he returned along the path, he said to his companion when he had gone a short distance: Wait here for me a moment!" And he went to a solitary spot nearby and began to pray, begging God to reveal to him why Brother Bernard had not answered him. And as he was praying, a Voice came to him from God that said: "And why are you troubled, you poor little man? Should a man leave God because of any creature?

Brother Bernard, when you called him, was united with Me, and so he could not go to you or answer you. Therefore do not be surprised if he could not talk to you, because he was so unconscious of his surroundings that he did not hear you at all."

As soon as St. Francis had received this answer from God, he immediately went back toward Brother Bernard in a great hurry, in order humbly to accuse himself of the thoughts he had just had against him.

But the holy Brother Bernard, seeing him coming, ran to meet him and threw himself down at his feet. And the humility of St. Francis and the charity and reverence of Brother Bernard came together. Then St. Francis made him get up and told him very humbly about the thoughts and anxiety which he had regarding him, and how God had reproved him for it. And he ended thus: "Under holy obedience I order you to do whatever I Command you."

Brother Bernard was afraid that St. Francis might order something excessive, as he often did, and he wanted to escape from that obedience as best he could. So he replied: "Father, I am ready to obey you, if you also promise me to do what I command you."

St. Francis replied: "I agree."

Then Brother Bernard said: "Say what you want me to do, Father."

An St. Francis said: "In order to punish my presumption and the insolence of my heart, I command you under holy obedience, while I lie on my back on the ground, to put one of your feet on my throat and the other on my mouth, and thus to step over me three times from one side to the other. And while stepping on me that way, you are to insult and mock me, and especially you are to say: 'Lie there, you country lout, son of Pietro di Bernardone!' And you must inflict still greater insults on me, saying: 'How is it that you have so much pride, since



The Power of Jesus' Names

By Rev. Tony Evans

There's an oft-told story of a wealthy man who had lost his beloved son, and then later he himself died. Over the course of his life, he had accumulated a number of expensive, valuable, and rare commodities, which, following his death, were to be auctioned off in an estate sale. Knowing of the man's taste in exquisite furniture, art, and the like, hundreds of people showed up for this auction.

The day began, though, with a piece that most showed no interest in at all. The auctioneer came forward with a cheaply framed picture, saying, "The first piece we're offering today is this portrait of the man's only son." He pause to give everyone a chance to view it, then continued, "Do I have a bid?"

The room fell silent, as no one raised their hand to bid on this framed portrait. They had come for some of the expensive art pieces and artifacts, not for something as simple as that. The auctioneer stood still, not saying a word--something auctioneers are rarely seen doing--but he could tell by the expressions on the faces of the attendees that this wasn't something anyone really wanted to buy. Still, he asked once more, "Do I have a bid? Does anyone want this portrait of the man's son?"

Just then, from the back of the room, an elderly man stepped forward and said, "Sir, I was the servant of the man who died, and if nobody will take the picture of his son, I want to know if I can have it."

The elderly servant slowly walked forward to take hold of the portrait. Looking lovingly on the boy's image, he then tucked it under his arm and headed toward the back of the room. To everyone's shock, the auctioneer then picked up his gavel, banged it down, and said, "The auction is now over."

Everybody looked around, and someone said, "what? You haven't brought out any of the expensive pieces that were supposed to be sold. How can the auction be over?"

Continue Pg. 11

you are such an extremely worthless creature?"

When Brother Bernard heard this, it was hard for him to do it. However, because of holy obedience, he performed as courteously as he could what St. Francis had commanded him to do.

And when it was done, St. Francis said: "now, Brother Bernard, order me to do what you want me to do, because I have promised to obey you."

Brother Bernard said: "Under holy obedience I command you that whenever we are together you scold and correct me harshly for my faults."

When St. Francis heard this, he was much surprised because Brother Bernard was so holy that St. Francis had great reverence for him and did not think that he should be corrected at all.

And henceforth St. Francis avoided staying too long with him, so that on account of the obedience he should not have to speak a word of correction to him whom he knew to be so saintly. But though he longed to see Brother Bernard or to hear him speak of God, he would leave him and go away as soon as he could. And it was wonderful to see how certain conflicts took place in the revered Father and in his first-born son, and the patience and humility of each came into conflict. But it was also very inspiring to see the affection and awe and humility with which St. Francis treated and spoke to Brother Bernard.

To the praise and glory of Christ. Amen

The auctioneer replied, “The father’s Will says that the auction was to begin with the picture of his son and he who buys it shall have everything else. He who does not have the son gets nothing.

Sometimes we are like those buyers at the estate auction. We’re going around looking for everything else to buy, but God is there saying, “I have come to give you life and to give it to you more abundantly. But that life can only be found in connection with My Son. If you have My Son, you have eternal life and all that goes with it.” Scripture states this clearly for us in the book of Romans, when we read, *“He who did not spare his own Son but gave him up for us all, will he not also give us all things with him?”* (Roman 8:32, The Didache Bible, Ignatius Edition)

Submitted by Shonne N. Farrell, OFS

The Litany of the Most Holy Name of Jesus

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Jesus, hear us.

Jesus, graciously hear us.

God the Father of Heaven, have mercy on us

God the Son, Redeemer of the world *

God the Holy Ghost *

Holy Trinity, one God*

Jesus, splendor of the Father*

Jesus, brightness of eternal light*

Jesus, King of glory*

Jesus, sun of justice*

Jesus, Son of the Virgin Mary*

Jesus, most amiable*

Jesus, most admirable,*

Jesus, the mighty God*

Jesus, father of the world to come*

Jesus, Angel of great counsel*

* have mercy on us

Jesus, most powerful*

Jesus, most patient*

Jesus, most obedient*

Jesus, meek and humble of heart*

Jesus, lover of chastity*

Jesus, lover of us*

Jesus, God of peace*

Jesus, author of life,*

Jesus, example of virtues*

Jesus, zealous lover of souls*

Jesus, our God*

Jesus, father of the poor*

Jesus, treasure of the faithful*

Jesus, good Shepherd*

Jesus, true light*

Jesus, infinite goodness*

Jesus, our way and our life*

Jesus, joy of Angels*

Jesus, King of Patriarchs*

Jesus, Master of the Apostles*

Jesus, Teacher of the Evangelists*

Jesus, strength of Martyrs*

Jesus, light of Confessors*

Jesus, purity of Virgins*

Jesus, crown of all Saints*

Jesus, the Immanuel*

Jesus, the Alpha and Omega*

Jesus, the Lamb of God*

Jesus, the Great High Priest*

Jesus, the Sovereign*

*have mercy on us

Be merciful, spare us, O Jesus

Be merciful, graciously hear us, **

From all evil, **

From thy wrath, **

From the snares of the devil, **

From the spirit of fornication, **

From everlasting death, **

From the neglect of Thine inspirations, **

By the mystery of Thy holy Incarnation, **

** deliver us, O Jesus

By Thy Nativity, **
 By Thine Infancy, **
 By Thy most divine life, **
 By Thy labors, **
 By Thine agony and Passion, **
 By Thy Cross and dereliction, **
 By Thy sufferings, **
 By Thy death and burial, **
 By Thy Resurrection, **
 By Thine Ascension, **
 By Thine institution of the most Holy Eucharist, **
 By Thy joys, **
 By thy glory, **
 ** *deliver us, O Jesus*

Lamb of God, who takes away the sins of the world,
 spare us, O Jesus.

Lamb of God, Who takes away the sins of the
 world, hear us, O Jesus.

Lamb of God, Who takes away the sins of the
 world, have mercy on us, O Jesus.

Let us pray.

O Lord Jesus Christ, who has said: Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you; grant us the gift of Your divine charity, that we may ever love You with our whole heart and with all our words and deeds, and may never cease from praising You.

Make us, O Lord, to have a perpetual fear and love of Your Holy Name, for You never fail to help and govern those whom You bring up in Your steadfast fear and love who lives and reigns for ever and ever.
 Amen

The Raccolta
 1952

PRAYER TO THE SHOULDER WOUND OF JESUS



"O Loving Jesus, Meek Lamb of God, I miserable sinner, salute and worship the most Sacred Wound of Thy Shoulder on which Thou didst bear Thy heavy Cross, which so tore Thy Flesh and laid bare Thy Bones as to inflict on Thee an anguish greater than any other wound of Thy Most Blessed Body. I adore Thee, O Jesus most sorrowful; I praise and glorify Thee and give Thee thanks for this most sacred and painful Wound, beseeching Thee by that exceeding pain and by the crushing burden of Thy heavy Cross, to be merciful to me, a sinner, to forgive me all my mortal and venial sins and to lead me on towards Heaven along the Way of Thy Cross. Amen."

Imprimatur of Bishop Thomas D. Bevan

It is related in the annals of Clairvaux that St. Bernard asked Our Lord which was His greatest unrecorded suffering, and Our Lord answered: "*I had on My Shoulder, while I bore My Cross on the Way of Sorrows, a grievous Wound, which was more painful than the others, and which is not recorded by men. Honor this wound with thy devotion, and I will grant thee whatsoever thou dost ask through Its virtue and merit. And in regard to all those who shall venerate this Wound, I will remit to them all their venial sins, and will no longer remember their mortal sins.*" Submitted by Tom Brannon,

Peace Walk

Charley Smith, OFS from Catholic Worker Eugene, Oregon is participating in a Peace Walk to promote peace and protest nuclear weapons. The walk begins Saturday, (27th) in Eugene, OR; goes to Corvallis on Sunday, (28th) Salem on Monday, (29th) and Portland on Tuesday (30th).

Please keep Charley Smith in your prayers.
 Charley's Phone # (702) 682-0160
 For more information.

No Crust Chicken Pot Pie

Topping:

- 1 head cauliflower (about 18 oz.)
- 3 eggs
- 1 teaspoon salt
- 2 tablespoons butter, softened
- 4 ounces Monterey Jack or Gouda Cheese shredded
- 4 ounces Colby or cheddar cheese, shredded

Filling:

- 2 tablespoons coconut oil
- 4 ounces green beans
- 6 ounces uncooked chicken, bite size pieces
- 6 ounces mushrooms, sliced
- 1/2 medium onion, chopped
- 2 stalks celery, chopped
- 2 medium carrots, chopped
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 1 teaspoon dried thyme
- 1 teaspoon dried sage
- 2 cups chicken broth
- 1 1/2 cups heavy cream

To make the topping, cut cauliflower into florets and steam until tender. Put the cauliflower into a blender with eggs, salt, and butter. Blend until smooth. Stir in Monterey Jack cheese and set aside.

To make the filling, heat oil in a skillet over medium heat. Saute chicken, onion, celery, carrots, and green beans for about 5 minutes, or until vegetables are tender. Add mushrooms, salt, black pepper, thyme, sage, chicken broth, and cream. Simmer for 5 minutes. Stir in 3/4 cup of the cauliflower topping to thicken the filling.

Preheat oven to 400 degrees. Pour the filling into an 8X8-inch casserole dish. Spoon the topping over the filling and sprinkle Colby cheese on top. Bake for 30 minutes.

Yields four servings.

Continue from page 8.

Dialogue group questions to consider: What did I admire in the life of St. Louis? What authority am I under in my life? What is the best way I can build the kingdom of God right here and right now?

References: sources were Dictionary of Saints, CIOFS website, fraternity members and internet. The CIOFS website has a well-done ongoing formation program in 2014 with 8 themes on St Louis.

[see <http://www.ciofs.org/portal/en/saint-louis-800-years-anniversary/monthly-dossiers>]

Submitted by: Jim Burns, OFS

